

2025/2026

STUDY OFFERS FOR INTERNATIONAL STUDENTS



UNDERGRADUATE - PHD

Courses and packages that provide a great supplement to teacher training, kindergarten teacher training, sports science studies, and many others.



NORD
University

NUORTTA
universitiehitta

NOERHTE
universiteete

Faculty of
Education and Arts

Study locations



Campus Bodø

Bodø population: approx. 51 000 • Student population: approx. 6000
www.nord.no/en/about/study-locations/bodo

The university campus is located in the suburb of Mørkved, nine kilometers from Bodø city centre. In addition to its state-of-the-art teaching and research facilities, Nord University Bodø has excellent student housing, with over 1000 student apartments, most within walking distance of university buildings. Mørkved supports a thriving and diverse student community, and offers great opportunities for outdoor activity and socializing. The city of Bodø is the capital of the county of Nordland. Bodø airport is located within walking distance of the city centre. Bodø was a European Capital of Culture 2024.

Adventure Knowledge	page 4-5
Experience English Language and Literature	page 6
SEA CHANGE: Adventure With English	page 7
Norwegian and Indigenous Language and Culture	page 8
Adventure Challenges	page 11
Sports science courses	page 12-13
Single courses and PhD courses	page 22-23



NORD UNIVERSITY'S ACADEMIC CALENDAR:

Autumn semester: August – December, including examinations

Spring semester: January-June, including examinations



Campus Levanger

Levanger population: approx. 20 000 • Student population: approx. 2000

www.nord.no/en/about/study-locations/levanger

Nord University's campus in Levanger is located at idyllic Røstad, within walking distance of the Levanger city centre. The campus offers a close-knit learning environment and a lively student community. The state-of-the-art teaching and research facilities include a sports centre with a full-length pool and a 11 m climbing wall. Levanger and its surroundings offer great opportunities for outdoor adventure and cultural experiences. Trondheim International Airport is a 50-minute train ride away from Levanger.

Sports science courses	page 12-13
Nordic and International Perspectives on Teaching and Learning	page 14-15
Outdoor Studies	page 16-17
Music	page 18-19
Acting and Devising	page 20-21



Semester packages



ADVENTURE KNOWLEDGE (30 ECTS)

Autumn – undergraduate – campus Bodø

Are you an adventurer? Do you love a challenge? Can you imagine the thrill of experiencing the blue ice of Svartisen glacier or kayaking the crystal waters of Nordland's beautiful lakes? This package is designed for students who want to learn about nature through experiencing it first-hand. Adventure Knowledge is an interdisciplinary program, which gives students insights into the cultural heritage, history and nature of Northern Norway.

The program consists of three 10 ECTS modules:

- ENT102L: Experience of Nature
- ENT104L: Experience Pedagogy
- ENT105L: Experience of Art, Architecture and Cultural Knowledge

Are you a student who wishes to work with social work or education, within the tourism sector, or maybe the cultural sector? Then our Adventure Knowledge package is for you!

Read more about the programme here:
www.nord.no/en/studies/adventure-knowledge-shorter-programme



Svenja from Germany

"Hiking, climbing, and experiencing nature in different ways is very important for me. I'm currently taking a double degree at the University of Bamberg: teacher education and psychology - but decided to apply for an exchange semester in Norway." Svenja says. «The experience here has been amazing and is something you cannot have or experience at home. I was a bit afraid of studying in English before coming here, but everything has gone very well. You grow academically and personally when studying abroad. I've also learned a lot of valuable lessons as a teacher students which I take with me to Germany."



Foto: Dagmar G. M. Dahl

The Department of English is part of the Faculty of Education and Arts. When you choose an English semester exchange package at Nord, you will get to explore the English language, its literature and cultures, and how these affect society, in an inclusive, student-centered environment.

EXPERIENCE ENGLISH LANGUAGE AND LITERATURE (30 ECTS)

Your experience with studying English in Bodø will put you in classes with Norwegian students, where everyone will be working together to improve their knowledge of English, and also in a small-group conversation class designed just for international students who wish to make rapid improvements. Our classes are taught at a high level and at an international standard, making it possible for this package to fit into a wide variety of degree programmes. *Both semesters at campus Bodø.*

Experience English Language and Literature – autumn – undergraduate:

SP171L British Studies for Bachelor of English, 15 ECTS

SP203L Business English, 10 ECTS

SP123L International English, 5 ECTS

Experience English Language and Literature – spring – undergraduate:

SP172L American Studies for Bachelor of English, 15 ECTS

SP123L International English, 5 ECTS

ENG2021 English Didactics, 15 ECTS



SEA CHANGE: ADVENTURES WITH ENGLISH

Spring – undergraduate – campus Bodø

Expand your literary and linguistic horizons through active engagement with current topics in English. Emphasis is placed on in-depth discussion of contemporary and historical literature, and how the English language has developed over time and is still evolving. Our skilled teaching team will help you gain a deeper appreciation of literature written by women, literature dealing with climate change, and how the English language uses meter, rhyme, and metaphor to create sophisticated symbolism. We recommend this package for students who are studying English or English teacher education at their home university.

ENG2005 Literature and Environmental Catastrophe, 10 ECTS

ENG2024 Women's Literature: Mobility, Identity, and Change, 10 ECTS

SP236L Language Science and Language Art, 10 ECTS

Read more about our Department of English here:

<https://site.nord.no/englishatnord/>

sea·EU



NORWEGIAN AND INDIGENOUS LANGUAGE AND CULTURE (30 ECTS)

Autumn – undergraduate - campus Bodø

Did you know there is an Indigenous people in the Nordic countries? Are you interested in learning some Norwegian and Saami languages? Are you interested in the connection between land and people? In the semester package «Norwegian and Indigenous Language and Culture», you will learn the basics of Norwegian (bokmål) through very interactive classes in which we practice together and through studying grammar. After the course you will be able to read and speak basic Norwegian.

We will also dive into the global Indigenous world located in Sápmi in Bodø. You will learn about the Saami Indigenous languages and culture and build an understanding of Indigenous and traditional world views, places of cultural heritage and traditional handicraft. How do the Western and Indigenous perspectives come into conflict? Come and find out! We offer a unique experience of Saami culture – together with other international students. You will also learn about the roots of the Saami languages and even to greet and count. You will also produce your own Saami ornament of *tjiehtjere-måara*. Classes consists of several excursions and visits to places of cultural heritage in the region.

Discover Saami at Nord!

The package consists of:

Norwegian Language and Culture, 20 ECTS

Indigenous Languages and Cultures in Northern Norway, 10 ECTS





ADVENTURE CHALLENGE

(20 ECTS + 10 ECTS ELECTIVE)

Spring - undergraduate - campus Bodø

Ice climbing. Mountain hiking. Winter bathing. What happens to the body when you train in extreme environments? How does the body react? What happens with the mind? Come to Arctic Norway to learn and explore.

JANUARY AND FEBRUARY: Preparation on location of choice and online teaching.

MARCH: Compulsory participation in hiking tours, etc. in Nordland/Bodø, Norway. All students are required to arrive in Bodø by the last week of February. Students can travel back to their home university after March 31st.

APRIL AND MAY: Individual work on location of choice and online teaching.

COSTS: Semester fee and own equipment for hiking tours, etc. We recommend the course for students who have some degree of experience of outdoor life.

PRACTICAL: A comprehensive list of clothes/shoes etc. needed for the programme will be sent out.

The course consists of field trips and practical exercises such as snow activities, winter hiking and climbing, ice bathing and free diving in the surroundings of Bodø. You will learn about the body's physical, cognitive, mental and social responses to activities in extreme environments.

The course consists of 20 ECTS and can be combined with one of the following courses:

NO106L: Norwegian for Foreigners, 10 ECTS which runs from January to May
IDR2005: Sports Nutrition, 10 ECTS which runs from January to May



SPORT SCIENCE (30 ETCS)

See all the outdoor life and sports packages we offer:

www.youtube.com/watch?v=nPDg5PFjTaY

Autumn - undergraduate - campus Levanger

These two courses make up the 5th semester in our Faculty's bachelor programme in Sports Science

IDR2013: Motor Skills and Sport Psychology in Science, 15 ECTS
Knowledge of motor skills and sports psychology is fundamental for athlete development in sports. In this course, you will learn more about scientific principles and methods used to understand key concepts of performance development.

IDR2014: Physiology and Physical Abilities in Sport Science, 15 ECTS
This course will provide you with critical insight into specific physiological factors affecting training and adaptation. Enrich your knowledge about physical training through various scientific lessons related to performance development.

Read more about the complete bachelor programme here:

www.nord.no/en/studies/sports-science-bachelor



STRENGTH AND CONDITIONING (30 ECTS)

Spring – undergraduate – campus Bodø

This semester package is part of the second year of the Bachelor's degree in Strength and Conditioning. Come and join our degree students and learn about fitness testing, coaching technology, sports nutrition and how to plan and manage strength & conditioning programmes. This is a splendid opportunity for everyone who enjoys training and physical activity!

IDR2004 Fitness Testing and Coaching Technology, 10 ECTS

In this course, students will learn how to perform and interpret the results of the most common physiological tests. Practical lessons will take place in our laboratory. Students will learn to perform and interpret the following tests: maximal oxygen consumption, lactate profiling, maximal heart rate, jump height, rate of force development, sprint speed and maximal muscle strength.

IDR2005 Sports Nutrition, 10 ECTS

Students will receive a general introduction to nutrition and the relationships that exist between nutrition and energy conversion. It specifically addresses nutrition in the context of different types of training, and emphasis is placed on how nutrition can improve the effect of different types of training.

IDR2006 Planning and Managing S & C Programmes, 10 ECTS

Planning and managing training or periodization fulfils several important functions for people who train or work as coaches/instructors. Students will focus on the design of session plans, training cycles and annual plans for various sports/athletes. Students will receive an introduction to key training variables and study various training principles and groups of training principles. In addition, the course addresses what type of function the training principles have for people who train.



NORDIC AND INTERNATIONAL PERSPECTIVES ON TEACHING AND LEARNING (30 ECTS)

Autumn – undergraduate – campus Levanger

No reason to stay inside: Do you want to add an exciting, international dimension to your teaching expertise while you experience Norway's spectacular landscape first-hand? Redefine and expand your understanding of education and learning by engaging with nature, and acquire new perspectives by immersing yourself in the history, culture and language of Norway. This semester package emphasizes practical skills and knowledge that will enrich every student's professional profile.

This is a course intended to develop knowledge about and understanding of Nordic and international perspectives on teaching and learning in nursery schools/kindergarten, primary and lower secondary education. It has a particular emphasis on the region's geographical position and

natural surroundings in terms of wildlife, environmental issues, tradition and indigenous culture, and how these conditions influence aspects of childhood and education.

The course offers an important contrastive dimension in terms of developing one's awareness of their own culture and other cultures' perspectives and attitudes to childhood, teaching and learning.

Our academic staff employ various teaching methods and a range of learning activities. These include lectures, discussions, group work, student presentations in seminars and field excursions. Learning is based primarily on student activity, using methods such as "inquiry based learning" and "experiential learning". Students are strongly involved in shaping the learning process, with an emphasis on student knowledge and experience. The programme includes 10 days of supervised professional training at a kindergarten or primary/lower secondary school. Police Certificate of Conduct is required.



Lucie from Switzerland
Photo: Ole Johan Ramfjord

"I chose to follow "Nordic and International Perspectives on Teaching and Learning", because for me it was very important to get to know the school system in Norway, which in my opinion is child based, learning by doing and the school outside or the concept of friluftsliv. This semester which is based on personal experience and practice will give you a lot of new experience and reflections about teaching but also about yourself. I had the chance to experience many new activities. Like camping, fishing, working with wood in the forest and much more. I now feel much more confident doing outdoor activities and school outside with my pupils. Because a classroom doesn't have to be within four walls."

www.nord.no/en/studies/nordic-and-international-perspectives-on-teaching-and-learning-shorter-programme



OUTDOOR STUDIES (30/60 ECTS)

You can choose between studying friluftsliv for either one semester of your choice or for a full year (the two semesters have different curricula). Come and gain experiences of nature that last a lifetime!

Autumn and/or spring – undergraduate - campus Levanger

AUTUMN:

FRI1001 Friluftsliv and Society, 10 ECTS

The course provides a basic theoretical introduction to friluftsliv. Students gain an increased understanding of friluftsliv as a societal phenomenon and learn about its history, traditions and development. The course also provides a unique focus on the encounter between man and nature.

FRI1002 Friluftsliv Theory 1, 20 ECTS

Trip planning, travel advice, safety, anticipatory thinking, risk-reducing measures and good travel routines are topics closely linked to all practical trips in this course. In addition, students gain insights into their actual acquaintance with nature and first aid. The course consists of three mandatory trips/courses: forest and mountain hiking, basic glacier course, and canoeing on flat-water and in a river.



SPRING:

FRI1003 Friluftsliv Theory 2, 20 ECTS

Trip planning, travel advice, safety, anticipatory thinking, risk-reducing measures and good travel routines are topics closely linked to all practical trips. In addition, students gain insights into their actual acquaintance with nature and first aid. The course consists of five mandatory trips/ courses: skiing and avalanche course, winter hiking, sea kayaking, coastal friluftsliv, and basic climbing course.

FRI1004 Friluftsliv Pedagogy, 10 ECTS

This course equips students with tools to be able to plan, implement and assess friluftsliv in a safe and appropriate manner for all seasons, with different groups. Central keywords include coaching in friluftsliv, didactic relational thinking, groups and group processes, learning and teaching principles, motivation and sense of mastery.



SEMESTER OF MUSIC (30 ECTS)

Autumn or spring – undergraduate and graduate - campus Levanger

Are you into music? Do you like to sing and play? Do you care about music education, or arts education in general? What if you came to Nord University to explore some new sounds, people and places for a while?

An exchange with us offers a glimpse into other ways of living musical lives and will give you fresh ideas that will feed your creativity and expand your horizons. Music studies at Nord University in Levanger offers an inclusive, student-centered environment and welcomes diversity. There is a close connection between students and the Faculty. The campus is small and friendly, with beautiful and peaceful surroundings. You might even find the northern vibe cool and exotic!

The Department of Music at Nord University is part of the Faculty of Education and Arts and represents a variety of expertise in music and education. We offer bachelor and master programs in music and



music education, in addition to a variety of independent courses. We include a variety of genres, musical styles and traditions, with hands-on approaches to teaching and learning. Perhaps you are curious about vocal studies, community music, music and well-being, multimodality and interdisciplinary projects, ways to lead an ensemble, joik and Saami culture, music educational research...?

Please get in touch! We are happy to explore opportunities for tailoring an exchange experience according to your interests and wishes.

PS: We are also involved in several international research projects concerned with mobility and global perspectives in arts education.

Our teachers offer an individual semester package, 30 ECTS, for music students at both bachelor and masters level on the Levanger campus.

Contact our International coordinator for more information:
fluinternational@nord.no



ACTING AND DEVISING 1 (30 ECTS)

TEA1008 – autumn – undergraduate – campus Levanger

How is people's inner life revealed by how they physically behave? What is the Neutral Mask? How can you as an actor develop the functional and expressive use of your voice and body? Come to Nord University to find out and learn! In this course, you will develop your presence, physicality, receptivity, sensitivity, and awareness of space, rhythm, timing, action and reaction in acting. You will also unlock your capacity to devise and perform impactful original new work. Together with other international students, you will discover an empowering, physical theatre approach to acting and creativity. You will also have practical classes with singing and music using rhythm, listening and ear training.

ONLINE AUDITIONS apply. The auditions take place shortly after the application deadline.

Applicants are required to send their CV, a picture of them self and a letter of motivation.



ACTING AND DEVISING 2 (30 ECTS)

TEA1009 – spring – undergraduate – campus Levanger

Are you independent, passionate, and committed to both acting and producing work that compels, inspires and challenges the public? If yes, this semester package might be for you. The heart of the acting program is driven by curiosity, openness and a desire to experiment through play. If you want to explore improvisation, develop acting skills and creativity – consider applying. You'll develop physicality and playing skills that lead up to creating original characters and situations – and will also work on playing and humanising animals. The final and longest project of the course is devoted to making an ensemble devised show that is shown to the public. You will be part of a creative ensemble that makes an original play based on a period of immersive observation of a real-life place.

Limited number of seats available.

Questions? Please reach out and send us an email at fluinternational@nord.no



SINGLE COURSES

Autumn semester 2025:

NO106L: Norwegian for Foreigners, 10 ECTS, campus Bodø

Spring semester 2026

NO106L: Norwegian for Foreigners, 10 ECTS, campus Bodø

NO204L: Norwegian for Foreigners Advanced, 10 ECTS, campus Bodø

SHORT TERM / BLENDED MOBILITY

If you are looking for a short term/blended mobility course, ADVENTURE CHALLENGE is an excellent opportunity. The physical stay in Norway is in March. You study at the location of your choice for the rest of the semester.

Exchange students fluent in Danish, Swedish or Norwegian can apply for admission to single courses taught in Norwegian.

The Faculty of Education and Arts is Nord University's largest Faculty. We offer a wide range of education programmes, including primary teacher, kindergarten teacher, postgraduate teaching, sports, art and music education.

PHD IN SCIENCE OF PROFESSIONS

Internationalisation and support for international mobility

Are you a PhD candidate looking for a semester abroad?

The PhD in Science of Professions is a multi- and interdisciplinary programme, which aims to develop knowledge in, about, and for professional practice. The programme encourages empirical research within the healthcare, social work and educational professions.

The programme is characterised by an emphasis on the parts of professional studies that deal with the language, relations and actions of professional practice. The following courses are offered every year:

PRO9014 Science of Professions, Focusing on Language, Relationships and Actions, 7,5 credits

PRO9015 Philosophy of Science and Research Ethics, 5 credits

PRO9013 Design and Methods, 7,5 credits

For information about other available courses, please follow the code:



All courses are offered in English.

Are you interested in the full programme PhD in Science of Professions?

Please contact Professor Anne Marit Valle: anne.m.valle@nord.no or visit the website through the the qr-code.

Welcome to Nord!

FOR ANY QUESTIONS, PLEASE CONTACT US ON OUR SHARED EMAIL ADDRESS: fluinternational@nord.no



Charlotta Langejan
International Coordinator
charlotta.m.langejan@nord.no



Liselotte Karlstad Nilsen
International Coordinator
liselotte.nilsen@nord.no



Kristin Aaknes
International Coordinator
fluinternational@nord.no

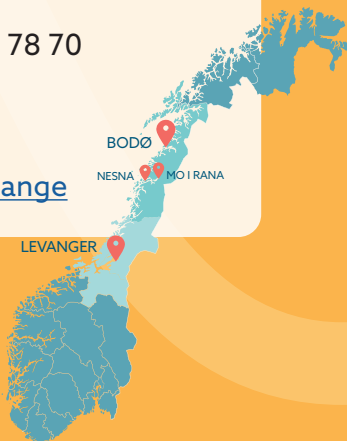
Please note: All courses are subject to change.

International Office, Nord University

E: international@nord.no P: +47 75 51 78 70

Read more here about inbound student exchange:

www.nord.no/en/student/student-exchange



NORD
University

NUORTTA
universitehtta

NOERHTE
universiteete